



Corona Del Mar/Inspiration Point Sidewalk Hike



Inspiration Point

Official website: http://www.visitnewportbeach.com/member_details.cfm?id=692

3528 Ocean Blvd

Corona Del Mar, CA 92625

DURATION/DISTANCE: Approx. 3- 4 mi./1 ½ hours

DIFFICULTY LEVEL: Beginner

ABOUT THIS HIKE (for more info, see “Events” at www.OC-Hiking.com)

ABOUT THE HIKE: This hike consists 3-4 mi. of rolling hills and stairs primarily on sidewalks and asphalt. THIS IS A WORKOUT! On any given hike members may have the option of proceeding on brief stretches of beach. This is a back-and-forth route which starts from the Inspiration Point sign. The hike begins by heading south (towards Laguna). Each member should proceed at a pace they find comfortable. The advanced may run and the beginners may choose to stay on the flatter bluff. This is also great for well trained dogs on 6 foot leashes. Please be responsible and bring doggie bags.

Check the event calendar for any special plans, such as a beach picnic or trip to local restaurants!

DIRECTIONS

Directions to Inspiration Point: 405 Freeway to MacArthur South to PCH East or left then go 1/2 mi. to Orchid turn right in 2 short blocks it will dead end at Ocean Blvd.

[Inspiration Point -- Corona Del Mar](#)

FEATURES

- Dog-friendly for friendly dogs!
- An excellent rainy day or muddy trail alternative.
- Restrooms are available at Corona Del Mar beach parking lot
- Bring water and a favorite beverage in a plastic container for after
- Parking is free
- Search for the hidden bronze seal statue at Inspiration Point
- Socialize while you exercise



CDM/Inspiration Point



SAFETY TIPS

- 1) Please arrive 15 minutes early
- 2) Bring water, a windbreaker, and a flashlight
- 3) Know your limits
- 4) The hike has steep sections. Comfortable shoes with traction are advised
- 5) Please dress appropriately for hiking. Loose, comfortable clothing with wicking capability and layers for temperature variation is recommended
- 6) Please bring MORE than just one bottle of water
- 7) Please note: this is a residential area

WHAT OTHER PEOPLE SAID

"Come for the sunset and friendship. Enjoy the hike. Stay for fabulous food!" --Barb

"Great place for a beautiful conditioning hike/walk! Beautiful Sunset views too" – Zann

"You can work out in any level you want. Sunset view is a plus." -- David

