



Bommer Ridge Introductory Hike



Crystal Cove State Park (Ridge Park Entrance)
Official website: <http://www.crystalcovestatepark.com>
Ridge Park Road
Newport Coast, CA 92657
DURATION/DISTANCE: Approx. 4 mi./1 3/4 to 2 hours

ABOUT THIS HIKE (for more info, see “Events” at www.OC-Hiking.com)

A walk along Bommer Ridge from the Ridge Park entrance to the Laguna Wilderness/Crystal Cove. The trail runs parallel to the 73 Toll Road (the tollgate is visible from the trail at the start). This is a timed hike, not a set distance, one hour in and back, approx. 2 hours total, probably between 3 and 4 miles. This is a wide dirt fire road along a ridge line. There will be sections of loose scree and ruts. Elevation gain and loss will be minimal. This area is coastal scrub, low bushes and dry. There is minimal to no shade. The duration and pace of this hike is to accommodate beginning hikers. If you are an advanced hiker who prefers a faster pace; do not sign up for this hike unless you are willing to accommodate new hikers.

Hike Duration: This walk is approximately 4 miles. Plan on up to 2 hours.

DIRECTIONS	FEATURES
<p>DIRECTIONS:</p> <p>Turn uphill Ridge Park Road from Newport Coast Drive. Ridge Park Road goes up a big hill, follow the hill to the top until it dead ends. You can google the location as: Corner of East Coastal Peak and Ridge Park Road, Newport Coast (Newport Coast is part of Newport Beach).</p> <p>Crystal Cove - Ridge Park Entrance</p> <p><u>THIS HIKE DOES NOT START AT CRYSTAL COVE BEACH OR RANGER STATION ON Pacific Coast Hwy</u></p>	<ul style="list-style-type: none"> • This is a timed hike; 1 hour in, 1 hour (or less) back • No dogs are allowed • Slow paced hike for beginners • No restrooms are available at the trailhead or on the hike • In and out straight line route • Minimal elevation gain/loss • Socialize while you exercise • Rain up to 48 hours before may cancel hike

Bommer Ridge Slow Introductory Hike



SAFETY TIPS

PLEASE NOTE THE FOLLOWING RECOMENDATIONS/ADVICE:

- 1) Carry a snack
- 2) Bring hats, sunglasses and sunscreen
- 3) Take your time
- 4) The trail has steep sections. Comfortable shoes with traction are advised
- 5) Please dress appropriately for hiking. Loose, comfortable clothing with wicking capability and layers for temperature variation is recommended.
- 6) Please bring MORE than just one bottle of water
- 7) WE WILL BE SHARING THE TRAIL WITH MOUNTAIN BIKERS - STAY ALERT TO AVOID INJURIES!

WHAT OTHER PEOPLE SAID

"It was a nice and easy hike, good for beginners. The weather was great" – Claudia

"Beautiful easy trail-we went only about 3 miles there and back." -- Deborah T.

"Great place for an easy walk that still gives a bit of a work out." -- Mary

